

**Aspects of Performing** an Efficient oocyte Pick-Up "OPU"

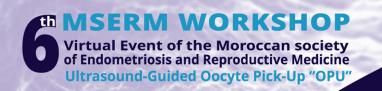
> Save The Date: **October**

**Organizing committee:** 

**Prof. Sarah DAVID - UK** Dr. Mustafa ZAKARIA - MA 👩









#### **Description**

Ultrasound-guided oocyte pick-up (OPU) is a well-established procedure during which ovarian follicles are aspirated with a needle connected to a suction pump. The suction pump creates negative pressure for aspirating the ovarian follicles.

An efficient aspiration pressure will maximize the oocyte recovery rate and reduce the risks of drastic temperature changes and mechanical stress to the oocyte. Therefore, it is important to notice that a higher aspiration pressure is not necessarily associated with any damage to the oocytes, especially if the the flow rate is stable and has been set according to the needle size and the manufacturer's recommendations.

#### Target audience

Embryologists, clinicians, andrologists, and scientists working within reproductive medicine

#### Expected educational outcomes:

A stable flow rate should be maintained during the entire procedure, because changes can induce turbulence. If turbulent flow is present, the oocyte may be tossed around, which could result in the cumulus cells being stripped off or the cracking of the zona pellucida. An intact cumulus layer is an important factor contributing to the resistance of oocytes to mechanical damage. Provided the aspiration pressure is maintained constant, the fluid velocity is the same throughout the needle and tubing line, if their diameters are also constant. Any diameter changes in the aspiration system (at the needle or in tubing line) will lead to sudden changes in flow rate, creating unwanted pressure changes and the presence of turbulent flow leading to mechanical stress of the oocyte.

## In conclusion, some of the most important practical considerations for an efficient and successful egg retrieval are:

Setting the right aspiration pressure depending on the the thickness of the utilized needle (gauge). Applying continuous vacuum suction before penetrating the follicle. Maintaining a stable pressure throughout the entire procedure Avoiding applying negative aspiration pressure when withdrawing the needle from the follicle.

#### **Educational methods**

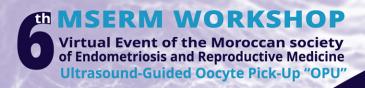
Lectures Discussions

#### **Certificate of attendance:**

Participants can obtain a certificate of attendance after completing the workshop evaluation. After the course, MSERM will send an e-mail with the link and more information.

#### **Practicalities:**

The official language of the workshop is English. This workshop has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME)





#### **MSERM Founders**

**Prof. Yacoub KHALAF - UK**Honor President of the MSERM



**Prof. Eman EIGENDY- Egypt**Chair of Scientific Committee of MSERM



Dr. Mohammed ZARQAOUI - MA
President of The MSERM



**Prof. Sarah DIVAD - UK**Secretary General of the MSERM



**Dr. Mohammed ACHOUR - MA**Vice President of the MSERM



**Prof. Abdelhafid NATIQ - MA**Vice Secretary General of MSERM



**Dr. Mustafa ZAKARIA - MA**Chairman Executive of MSERM



Mrs. Asmaa NAJI - MA
Treasurer of the MSERM



**Dr. Wassym SENHAJI - MA**Vice Chairman Executive of MSERM



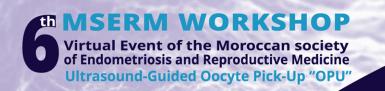
**Dr. Yasmine LOUANJLI - MA**Vice Treasurer of the MSERM



Dr. Noureddine LOUANJLI - MA(Vice Chair of Scientific Committee of MSERM









#### **Interest Groups**

#### **Browse Special Interest our Groups**

The Society is subdivided into different Special Interest Groups (SIG's) that reflect the scientific interests of its membership. Each Special Interest Group is headed by a Coordinator whose task it is to stimulate scientific activities for his/her sub-speciality. Presently there are 6 Special Interest Groups:

#### Group "SIG-EED" Endometriosis and Endometrial Disorders

Special Interest Group for Endometriosis & Endometrial Disorders (SIG-EED) of the Moroccan Society for Endometriosis and Reproductive Medicine (MSERM). Here you can read more about us, our activities and our recommended reading.

#### Group "SIG-RS" Reproductive Surgery



SIG-S Reproductive Surgery is concerned to promote the usefulness of minimal invasive diagnostic tools in reproductive gynecology as well as to promote the surgical therapy of organic causes (such as malformations, polyps, endometriosis, adenomyosis, fibroids, hydrosalpinges...) leading to infertility, by appropriate "preservation" and/or as first step of treatment of infertile couples in order to re-establish fertility or create the best conditions to improve ART outcome.

### Group "A" Andrology (7)



The specific interests of the SIG Andrology are: male infertility evaluation and diagnosis; sperm function, physiology and biology; sperm freezing and banking, male prognostic biomarkers of success in ART; enhancement of reproductive outcomes acting on the male and/or the sperm; male infertility and the effects of ART to treat them in the offspring.

#### Group "SIG-RG" Reproductive Genetics



Special Interest Group Reproductive Genetics SIG-G. Here you can read more about us, our activities and our recommended reading.

#### Group "E" Embryology (🍞



The SIG Embryology is home to the central scientific concepts upon which MSERM is founded. The broad scope of SIG-E Embryology encompasses basic scientific advances through to laboratory practices and policy influence. The areas of interest of SIG-E include oocyte growth and maturation, in vitro models of follicle culture, fertilization, embryo development, embryo metabolism, embryo culture, oocyte and embryo micromanipulation, embryo assessment, oocyte and embryo cryopreservation as well as quality control and optimization of methods in the embryology laboratory.

#### Group "SIG-SQ-ART" Safety and Quality in ART

SQART is committed to quality of care and safety of patients. We continuously strive to improve care, decrease errors and meet patients' expectations by providing educational programs to support assisted reproduction practitioners in developing and sustaining top quality fertility care. SQART is tasked with improving fertility care worldwide, defining quality healthcare as doing the right thing at the right time in the right way to achieve the best possible outcome

# th MSERM WORKSHOP Virtual Event of the Moroccan society of Endometriosis and Reproductive Medicine Ultrasound-Guided Oocyte Pick-Up "OPU"



Clinical & Biological Aspects of Performing an Efficient oocyte Pick-Up "OPU"

#### **Sessions Chairs**

#### Dr. Steven Fleming - Australia Session Chair



Session 1: An Inside View of the Best IVF Lab Practices and 3 Minute IVF Lab Tour; From the USA 09:40 – 11:20

## Prof. Aboubakr Elnashar- Egypt Session Chair



Session 2: Starting a New Laboratory and Training Protocols. 11:20 – 13:00

## **Prof. Eman Elgindy - Egypt**Session Chair



Session 3: Competency Assessment in Oocyte Pick-up 13:00 – 14:40

#### Dr. Wassym Senhaji - Morocco Session Chair



Session 4: Progression in Clinical Cases 15:00 – 16:40

Prof, Ilham RATBI - Morocco Session Chair



Session 5: Cryopreservation of Oocyte for IVF 16:40 – 18:20

#### MSERM WORKSHOP

Virtual Event of the Moroccan society of Endometriosis and Reproductive Medicine **Ultrasound-Guided Oocyte Pick-Up "OPU"** 



**Clinical & Biological Aspects** of Performing an Efficient oocyte Pick-Up "OPU"

#### **Our Speakers**



Dr. Paul Yong, Canada **Associate Professor University of British Columbia** Speaker



Dr. Mohammed ZARQAOUI - Morocco **Endoscopic surgeon & Gynecologist** President of the MSERM Speaker



Dr. David Mortimer.Canada President and co-owner of Oozoa Biomedical Speaker



Prof. Axel Forman, Denmark **Aarhus University Hospital** Speaker



Prof, Susan Davis, Australia National Health and Medical Research Council of Australia Speaker



Dr. Jeremy Chang, Canada Obstetrician and gynecologist at **Orange County OBGYN** Speaker



Dr. Arne Vanhie - Belgium Leuven University, Belgium Speaker



Prof. Andrew Horne, UK University of Edinburgh, **United Kingdom** Speaker



Dr, Noureddine LOUANJLI-Morocco Senior Clinical Embryology Vice Chair of Scientific Committee MSERM Speaker



Prof.Ludwig Kiesel, Germany University Hospital of Münster Speaker



Prof, Siobhan Quenby, UK **Professor of Obstetrics** at the University of Warwick Speaker



Dr. Ana Cobo, Spain **Director of the Cryobiology** Unit in the IVF lab at IVI Valencia Speaker



Prof. Horace Roman - France Centre d'endométriose **Aarhus University Hospital** Speaker



Dr. Laura Benaglia, Italy Ospedale Maggiore Policlinico, Italy



Dr. Ashish R. Kale - India Gynecologist, Gynecologic Oncologist and Urogynecologist Speaker



Dr. Leslie Farland, USA Associate Professor University of Arizona Speaker



Prof. Marie M. Dolmans, Belgium **HEAD OF CLINIC SAINT-LUC** 



Dr. Mustafa ZAKARIA - Morocco MD, Clinical Embryology Chairman of the Executive Committee of the MSERM Speaker



Dr. Dingmin Yan, China Fudan University, China

Speaker



Porf. Louise Hull, Australia The University of Adelaide

Speaker



Prof. Neil Johnson, New Zealand **WES President** 

Speaker



Dr, Yasushi Hirota, Japan Clinical Gynecology: Endometriosis/Adenomyosis Speaker



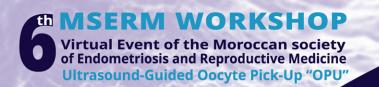
Prof. Antonio La Marca, Italy **Professor of Obstetrics and** Gynaecology at the University of Modena Speaker



Prof. Anja Pinborg, Denmark Copenhagen University, Hvidovre HospitalDenmark Speaker

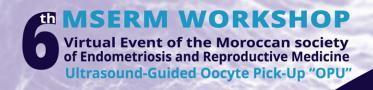


Dr. Evelyn Telfer, UK Reproductive Biologist and Professor at the University of Edinburgh Speaker











## PROGRAMME

DAY 1 Sunday - 09 October 2022

Welcome Speech of the MSERM President: Dr. Mohammad Zargaoui 09:30 - 09:40

Session 1: Oocyte Pickup for IVF 09:40 - 11:20

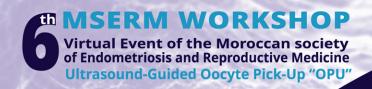
#### Session Chair Dr. Steven Fleming (Australia)

Time	Lecture	Speaker
09:40 - 10:00	Relationship between follicle size after FSH treatment and efficiency of oocyte recovery	Horace Roman - Denmark
10:00 - 10:20 10:20 - 10:40 10:40 - 11:00	Recovery Efficiency of Cumulus Oocyte Complexes (COCs) Transvaginal Ultrasound-guided Ovum Pick-up(OPU) History of aspiration pressures	Dingmin Yan - China Paul Yong - Canada Mohamed Zarqaoui- Morocco
11:00 - 11:20	Oocyte Quality, IVF, and Embryo Development of Alpaca Oocytes Collected by Ultrasound-Guided Follicular Aspiration or from Slaughterhouse Ovaries	Arne Vanhie - Belgium

Session 2: Starting a New Laboratory and Training Protocols.11:20 - 13:00

#### Session Chair Prof. Aboubakr Elnashar (Egypt)

Time	Lecture	Speaker
11:20 - 11:40	Oocyte quality following in vitro follicle developments.	Andrew Horne - UK
11:40 - 12:00	Effect of aspiration pressure during oocyte harvesting on oocyte recovery and in vitro development of ovine oocytes	Laura Benaglia - Italy
12:00 - 12:20	Follicular flushing during oocyte retrieval in assisted reproductive techniques (ART)	Noureddine Louanjli - Morocco
12:20 - 12:40	Follicular flushing increases the number of oocytes retrieved in poor ovarian responders undergoing IVF	Louise Hull - Australia
12:40 - 13:00	Oocyte Source and Hormonal Stimulation for In Vitro Fertilization Using Sexed Spermatozoa	David Mortimer - Canada





DAY 1 Sunday - 09 October 2022

Session 3: Competency Assessment in Oocyte Pick-up 13:00 - 14:40

#### Session Chair Prof. Eman Elgindy (Egypt)

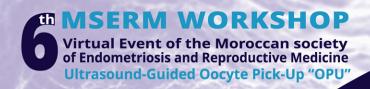
Time	Lecture	Speaker
13:00 - 13:20	Difficulties in OPU and different clinical scenarios OPU	Ashish Kale - India
13:20 - 13:40	Obesity and oocyte quality: significant implications for ART and emerging mechanistic insights	Axel Forman - Denmark
13:40 - 14:00	Age-associated changes in cumulus cells and follicular fluid: the local oocyte microenvironment as a determinant of gamete quality	Ludwig Kiesel - Germany
14:00 - 14:20	Causes and Effects of Oocyte Retrieval Difficulties	Dr. Leslie Farland - USA
14:20 - 14:40	Oocyte in vitro maturation: A systematic review.	Neil Johnson - New Zealand

14:40 - 15:00 Coffee Break

Session 4: Progression in Clinical Cases 15:00 - 16:40

#### Session Chair Dr. Wassym Senhaji, (Morocco)

Time	Lecture	Speaker //
15:00 - 15:20	Follicle super stimulation before ovum pick-up for in vitro embryo productions.	Yasushi Hirota - Japan
15:20 - 15:40	Oocyte mitochondria-key regulators of oocyte function and potential therapeutic targets for improving fertility	Antonio La Marca - Italy
15:40 - 16:00	Robotic Micropipette Aspiration for Multiple Cells	Susan Davis - Australia
16:00 - 16:20	Recommendations for Good Practice in ultrasound: Efficient Oocyte Pick Up	Siobhan Quenby - UK
16:20 - 16:40	Design of novel oocyte activation methods: the role of zinc	Marie-M. Dolmans - Belgium





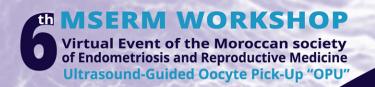
DAY 1 Sunday - 09 October 2022

Session 5: Cryopreservation of Oocyte for IVF 16:40 - 18:20

#### Session Chair Dr. Ilham RATBI, (Morocco)

Time	Lecture	Speaker
16:40 - 17:00	The effects of Vitrification on oocyte quality	Evelyn Telfer - UK
17:00 - 17:20	Principles of Cryopreservation and Optimization of Vitrification	Jeremy Chang - Canada
17:20 - 17:40	Cryopreservation of Oocyte for IVF: Does freezing eggs increase the success of IVF?	Mustafa Zakaria - Morocco
17:40 - 18:00	The state of ART in Vitrification: the best technical approaches and outcomes	Ana Cobo - Spain
18:00 - 18:20	Health of offspring following "frozen" embryo transfer	Anja Pinborg - Denmark

18:20 - 19:20 Discussion







**MSERM** Moroccan Society for Endometriosis and Reproductive Medicine SCIENTIFIC RESEARCH

**MSERM Virtual Congress** 

3rd Annual MSERM **World Meeting** 



Thank You

Save The Date 17-19 Nov 2023, 3rd Annual MSERM **Worldwide Online Meeting** 





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